

Hui Mālama Ola Nā 'Ōiwi

Native Hawaiian Health Care System

March 23, 2020

To our Hui Mālama Olā Nā 'Ōiwi 'ohana, friends, and community:

The health and safety of our employees, 'ohana, friends, and community are very important to us. Due to the COVID-19 world wide pandemic and in light of Governor Ige's latest update on March 23, 2020 to ensure the safety of everyone, we are closing our Hilo Administration office effective March 24, 2020 until April 30, 2020. Our re-open date is tentative due to our evolving situation with this crisis. HMONO staff will be working remotely, monitoring emails and messages, and will provide information and updates as soon as it becomes available.

All classes, workshops, support groups and community events have been postponed and/or canceled, but we welcome the opportunity to provide you unique support through the use of technology. Staff are excited and working diligently on having creative virtual activities for you to connect with while you stay safe at home. We hope that you enjoy these forthcoming activities and we will let you know when it is up and running!

Our medical clinic will remain open from 8am to 5pm and closed for lunch from 12pm to 1pm Monday thru Friday. We have procedures in place to keep staff and clients safe and we are also in the process of providing telehealth appointments. We will let you know when telehealth is available. We ask that you please call 796-3125 for assistance first before entering our medical clinic.

As a reminder in keeping safe, please adhere to the following:

- 1. Wash hands frequently with soap and water for at least 20 seconds singing the happy birthday song twice is 20 seconds. Sanitizing with an alcohol base of at least 60% is second best if soap and water is unavailable.
- 2. Cough into elbows
- 3. Don't touch your face
- 4. Keep to social distancing at least 6 feet away from each other smile, give the shaka sign, and say aloha without touching each other for this especially, is what will help to stop the spread of the COVID-19.
- 5. If feeling ill, please stay home and call your physician/clinic

Additionally, the following will also help in slowing down the spread of the COVID-19:

- Listening to and follow our state and county authorities.
- If you feel sick, stay home. Do not go to work and contact your medical provider.
- If your children are sick, keep them at home. Contact your medical provider.
- If someone in your household tested positive for coronavirus-COVID-19, keep the entire household at home. Contact your medical provider.
- If you are an older person especially with underlying health conditions, please stay home and ask others like family members to assist you with your needs
- If you are a person with serious underlying health conditions that can put you at an increased risk (for example: a condition that impairs your lungs or heart function or weakens your immune system), stay home and adhere to social distancing.
- Avoid social gatherings. If you must, gatherings should not be more than 10 people and please apply social distancing.
- Do not visit nursing homes or retirement or long-term care facilities unless to provide critical assistance.

Your health, well-being, and safety is of utmost important to us! Please stay home and be safe!

Mahalo, Noe Scott Interim Executive Director