MANA OLA OF HAWAIʻI ALOHA

Three components of Hawaiian healing are found within the word Hawaiʻi itself:

HA  breath
WAI  water
I  spirit

WHO WE ARE

Hui Mālama Ola Nā ʻŌiwi, the Native Hawaiian Health Care System for Hawaiʻi island, is dedicated to improving the health & well-being of Hawaiʻi island so that all residents can Live Longer & Feel Better, Together. Hui Mālama Ola Nā ʻŌiwi is a 501(c)(3) nonprofit organization.

SERVICES ISLAND-WIDE

Traditional Hawaiian Healing
Nutrition, Hypertension, & Diabetes Classes
Disease Prevention Education
Community Outreach
Health Resource Referrals
Support Groups
Exercise & Fitness Program
Specialty Transportation
Medical Services

CONTACT US!

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/HMONO.org
/hui_malama_

Hoʻola Na Kanaka ʻOiwi
“To heal the people of Hawaiʻi”

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Educational classes teaching about Laʻau, how to identify the plants, and their healing uses.

Poʻokela Ikaika Dombrigues

He is a Hawaiian Healer, High Priest, Laʻau Lapaʻau, Hoʻoponopono, Laʻau Kahea, Lomilomi Ha Ha, and Maiola Kahuna throughout Hawaii nei and around the world for well over 50 years.

He continues to heal and educate about spiritual knowledge and the art of healing—as his Kahuna once did. According to Poʻokela Ikaika, “Without our poʻe Hawaiʻi (people), we have no Hawaii nei or Aloha.”

Kahuna are the “Keepers of the Huna Mana (secret energy)” whose purpose is to help the people know Hawaiian Culture, teach the traditions of our Tupuna, and spread the faith of Lapaʻau healing. He does all of his work in honor of them and has been steadfast in keeping the Ancient One’s protocols unchanged.

Poʻokela Ikaika does all of his work in honor as he says, “what is Pono, must remain Pono.”

Poʻokela Ikaika was personally trained by: Papa-Kahuna Nui Sam H. Lono, Hanai father Kahuna Pule Kawika Kalaʻakea, Kahuna Lapaʻau Harry Mitchell, and Hoʻoponopono Tupuna Abby Napeahi.

Programs & Services

Laʻau Lapaʻau

Classes
Workshops
Trainings

Hoʻoponopono

Island-wide introductory sessions
One-to-one consultations
Training

Lomilomi

Lomilomi massage in Hilo & Kau
Lomilomi ha ha
Training

Grow Your Own Laʻau

Grow Your Own Laʻau classes
Community Garden workshops

Healthy Hapai

Prenatal classes
Breastfeeding support group
Papa Lawe Hanai Kaiaulu - Perinatal Community Health Worker Training and Mentorship Program

Makahiki Program

Hawaiian games in grades 2-12